

Activity list

Greenhill YMCA

Welcome

Greenhill YMCA is an outdoor learning and residential centre set in a beautiful 17 acre site on the slopes of Slieve Donard Mountain in the heart of the Kingdom of Mourne.

The YMCA has been delivering outdoor programs on the Greenhill site for over 100 years. Our dedicated team of local and international staff make Greenhill YMCA the ideal place for any young person to reach their full potential. Our range of accommodation allows us to provide a variety of residential experiences. Add to this our expanding range of activities and you really have to look no further.

Whether you are looking for a full activity packed residential or a more relaxed and easy going stay without activities, Greenhill can offer personalised programs to suit your group's individual needs and budgets.

All of our activities are conducted by our dedicated team of highly trained and **qualified staff** and **our volunteers** who join us from all over the world each year. Greenhill YMCA are holders of the AdventureMark Award.



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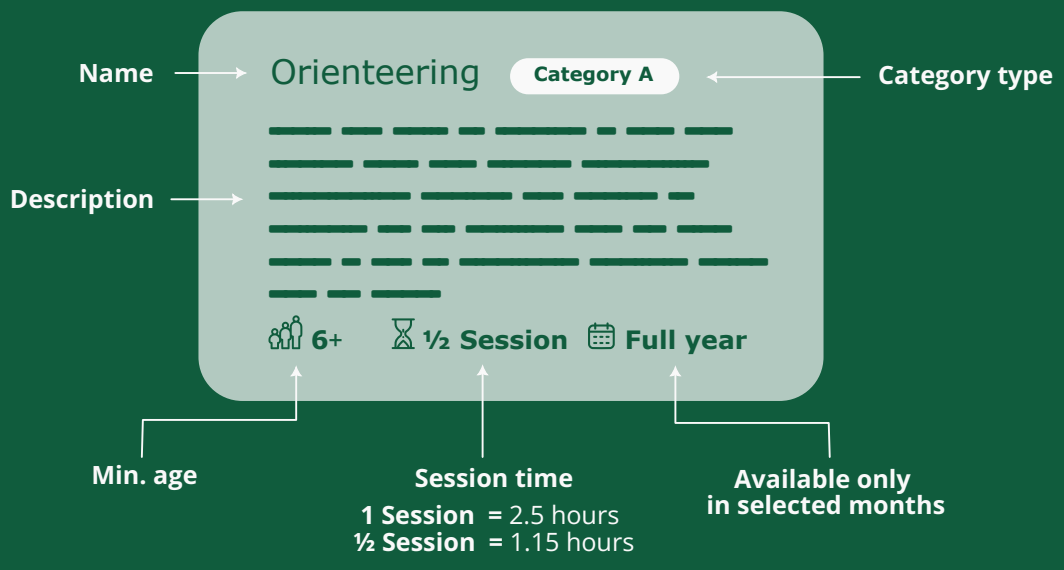
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SKY'S THE LIMIT



High Initiatives

Gladiator Challenge
Category B

Have you got the nerve to take on our challenging course of poles, nets and tyres and find out just how much stamina you've got? Our qualified instructors will be there to guide you every step of the way.

Leap of Faith
Category B

Either individual or as a team of two, climb to the top of the wobbly pole to stand on the (very small) platform. Once there, take a leap of faith to grab the trapeze bar before swinging and being lowered to the ground.

High all Aboard
Category B

As a team of two, three or four, climb the wobbly pole to stand on the 'bird-table'. It doesn't stop there though, once on top, hold hands and lean back to the full extent of your arms... then let go!

12+ ½ Session Full year

Climbing
Category B

Whether you are a beginner or an experienced climber our wall will provide a real challenge. We have a variety of climbing facilities which are both indoor and out.

6+ ½ Session Full year



Abseiling

Category B

Lean back and enjoy the challenge of descending from our 9m platform while your teammates cheer you on! You control the pace under the supervision of our experienced climbing instructors.

6+ ½ Session Full year

Zipline

Category B

One of our most popular activities – a challenging session where group members launch from the top of our Activity Tower down a 100m zipline.

6+ ½ Session Full year



EARTH &TURF

Forest Walk

Category A

Guided by one of our experienced instructors, groups follow forest trails in the lower hills of the Mourne Mountains. With numerous trails, this activity offers something for everyone.

6+ 1 Session Full year

Mountain Walk

Category C

Explore the beauty and history of the surrounding Mourne Mountains through a daylong walk into areas such as Devil's Coach Road, The Brandy Pad, The Mourne Wall, Silent Valley, Ben Crom Reservoir and Slieve Donard, Northern Ireland's highest peak. Difficulty is adjusted to suit the needs of individual groups.

6+ 2 Session Full year



Category B

Bushcraft Basics: NatureCraft Essentials

This introductory session provides a foundation in essential bushcraft skills. Participants will learn fundamental techniques for survival and thriving in the outdoors! This will include firecraft, safe wood processing techniques and shelter building. This hands-on experience will foster a deeper appreciation for nature and the skills needed to thrive outdoors.

6+ 1 Session Full year

Category C

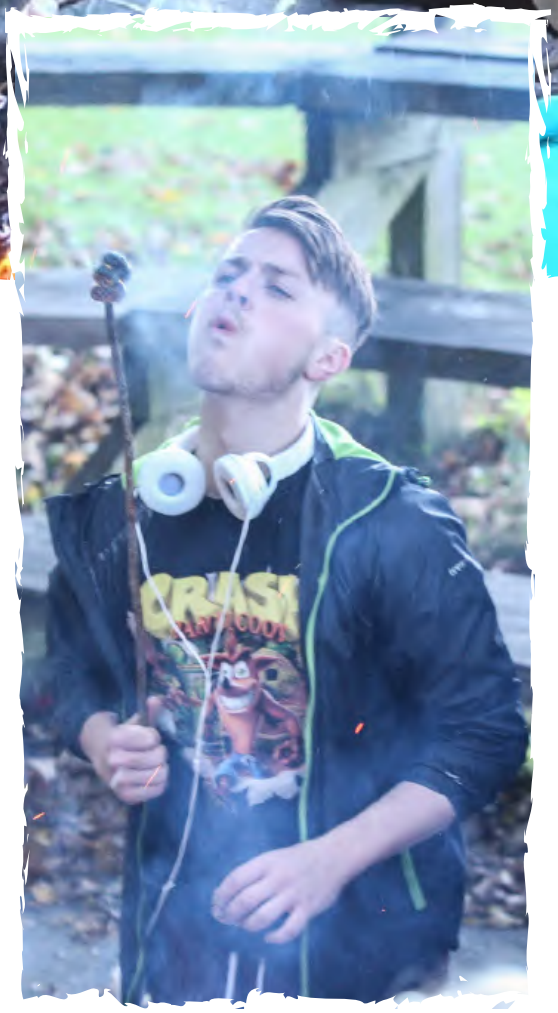
Ultimate Bushcraft Experience

Dive deeper into essential survival skills, like building shelters and starting fires, while reconnecting with nature. This activity will take your bushcraft skills to a higher level, focusing more on the specific techniques and tools used today and in the past. Join us for a down-to-earth adventure that blends learning with hands-on experience.

12+ 1 Session Full year







Bonfire Bites

Category A

As participants gather around the flickering flames, we'll divide your group into two halves, each with a unique role.
One team will embark on a woodsy adventure, collecting firewood and skillfully constructing the perfect campfire.
Meanwhile, the other group will indulge their culinary creativity, crafting delectable treats like warm, gooey s'mores and other sweet snacks. This activity is tailor-made for the evening setting, adding a touch of magic to your outdoor adventure.

6+ ½ or 1 Session Full year

OFF ON A QUEST

Scavanger Hunt

Category A

Participants team up in pairs or groups to race through our center's captivating landscape. Your mission? Uncover items and gather intriguing pieces of information hidden throughout the grounds. Sharpen your wits, collaborate with your teammates, and embrace the thrill of the hunt as you dash around, piecing together clues and uncovering hidden gems of knowledge.

6+ ½ Session Full year

Orienteering

Category A

Learn the skill of reading a map and finding your way around Greenhill's Orienteering Course.

6+ ½ Session Full year







Down Discovery Hunt

Category B

Join us for an invigorating Urban Adventure Scavenger Hunt in the heart of Newcastle, County Down! This off-site expedition winds through the town's charming streets, encouraging you to decipher clues and uncover hidden gems. Team up with friends or fellow explorers to navigate iconic landmarks and lesser-known spots, piecing together puzzles that lead to exciting revelations. Get ready for an unforgettable journey that combines exploration, puzzle-solving, and the thrill of the hunt!

16+ ½ Session Full year

Group-Crafted Scavenger Hunt

Category C

Get ready for a Tailored Scavenger Hunt, where the adventure is uniquely yours! In this custom scavenger hunt experience, we put **you** in the driver's seat. We'll work closely with your group to craft a scavenger hunt that matches your preferences, interests, and desired level of challenge. Whether you're a group of thrill-seekers, history buffs, or nature enthusiasts, we'll design a one-of-a-kind adventure that caters to your every whim. Get ready to explore, discover, and triumph in a scavenger hunt designed exclusively for you!

6+ ½ Session Full year



Archery

Category A

Improve your aim, hand-eye coordination and agility in this popular sport. You will be taught the skills and techniques of Archery. Once you've grasped the basics, watch that competitive instinct kick in as your team engage in fun and challenging games.

6+ ½ Session Full year



SUPER SOAKERS

Adventure Walk

Category A

Participants have a true muddy adventure sneaking through bushes, streams and ditches as they explore the grounds of Greenhill.

6+ 1 Session April - Sept.



Bouldering

At it's basic, bouldering involves travelling up a riverbed climbing over boulders. We have three bouldering sites designed for people of diferent ages and abilities.

Shallow Category A 6+

It takes place in the Shimna River and involves traveling up shallow streams and pools.

Medium Category C 10+

Takes place on *Spinkwee River (Tollymore Forest Park)* which moves faster, has deeper pools of water and rock traverses. Water levels average at knee height, but can reach between waist and shoulder depth

Deep Category C 12+

Participants slide down natural water slides and jump into deep pools of water while journeying up the *Bloody Bridge River*.

Offsite Activity

1 Session April - Sept.



Canoeing

Category C

Get Ready to Paddle and Play! Dive into the world of canoes at Castlewellan Lake with our exciting session. Through games and activities, you'll master basic canoe strokes while having a blast. Whether you're in a single or catamaran-style canoe, it's all about splashing, learning, and enjoying the water. Join us for a paddling adventure.

Offsite Activity

6+ 1 Session Full year

Raft Building

Category C

Get your teamwork on and rule the raft race at castlewellan lake! It's time to channel your inner engineer and build epic rafts with ropes, barrels, and logs. But that's just the beginning – once your masterpiece is ready, you'll set sail in a wild race across the lake. Show off your rafting skills, outpace your friends, and claim victory in a watery showdown like no other. Get ready to splash, laugh, and make waves together!

Offsite Activity

12+ 1 Session April - Sept.





Kayaking

Category C

Embark on a Splash-tastic Adventure at *Castlewellan Lake*! Get ready to paddle, play, and learn basic kayaking skills like a true water warrior. Our journey around the lake is packed with games and activities that'll have you navigating your kayak with a grin from ear to ear. Join us for a whirlwind of fun on the water as you become a kayaking pro!

Offsite Activity

10+ | 1 Session | April - Sept.

Paddleboarding

Category C

Dive into the excitement of Paddleboarding, an invigorating water activity that offers a thrilling adventure. Explore the serene lake waters as you glide on your own individual board or team up with friends for an epic journey on our Giant XL board. Whether you're seeking tranquil exploration or a lively group adventure, paddleboarding promises endless fun and unforgettable memories.

Offsite Activity

6+ | 1 Session | April - Sept.





BUILDING BONDS





Bridge Building

Category A

A fantastic team building activity. Groups are given a variety of materials and under supervision construct a bridge.

6+ ½ Session Full year

Blind Trail

Category A

Participants must use teamwork and communication skills to weave their way around various obstacles and challenges throughout the Greenhill site... blindfolded.

6+ ½ Session Full year

Team Ropes Challenge

Category A

If you're looking for that team challenge experience then try our hexagon course. This activity is suitable for all ages. You and your team will progress through our course, working together to solve problems; developing leadership and communication skills.

6+ ½ Session Full year

Greenhill Challenge

Category A

The Greenhill Challenge combines navigation and elements of Initiatives. Group members form teams and compete against each other in a series of tasks, earning points not only for succeeding but also for demonstrating skills such as teamwork and communication. Ideal for groups with numbers exceeding twenty.

6+ 1 Session Full year





Parachute Games

Category A

Team building focus to Initiatives, a session of Parachute Games involves cooperation, trust, communication and fun!

6+ ½ Session Full year

Slackline

Category A

Slacklining is a dynamic and challenging activity which develops balance, coordination and focus. Groups work in pairs or threes and see how far they can make it across the line.

6+ ½ Session Full year

S.O.S: Wilderness Rescue Mission

Category B

Participants role-play an emergency rescue situation in the nearby “wilderness”. Teamwork, communication, basic navigation and first aid techniques are utilised to recover and evacuate a “casualty”. Emphasis is placed on the importance of a positive mental attitude and a team effort when solving problems.

12+ 1 Session Full year

Mini Olympics

Category A

Mini Olympics takes place on the football pitch on-site and provides the group a number of activities to get through in a specific time limit. The smaller groups have to compete against each other in order to find out the overall champions.

6+ 1 Session Full year



Archery Tag

Category B

Get ready for an exciting adventure with our brand-new activity, Archery Tag! This action-packed game blends the thrill of archery with the strategy of tag. Engage in friendly combat as you aim, shoot, and score points in a dynamic battlefield using bows and foam-tipped arrows. With each hit, feel the rush of excitement and the joy of friendly competition.

6+ ½ Session Full year







ART IN THE WILD

Category A

Artful Adventure

Unleash your creative spirit with our Arts and Crafts Extravaganza! Immerse yourself in a world of colours, textures, and imagination as you craft unique masterpieces. This hands-on experience invites you to experiment with a variety of materials, from paints and fabrics to create your personalized keepsakes. Whether you're designing vibrant paintings or getting crafty with bracelet making, our Arts and Crafts session promises a delightful journey into the world of self-expression. Connect with fellow creators and take home treasured creations that reflect your artistic flair.

6+ ½ Session Full year

Category B

Dye-It-Yourself Extravaganza

Get ready to unleash your inner artist in our Tie-Dye Delight! Join us for a vibrant session where you'll transform fabrics into a masterpieces using captivating colours and techniques. Our expert instructors will guide you through the process, ensuring your creations are as unique as you are. Plus, you'll receive a Greenhill T-shirt to tie-dye and take home, creating a memorable keepsake. Whether you're a seasoned enthusiast or trying it for the first time, this hands-on experience promises creativity, laughter, and a one-of-a-kind souvenir. Infuse your world with a splash of colour and design as you embark on a tie-dye journey like no other!

6+ ½ Session Full year

Important Information

Session Timings

We run to three activity sessions per day at the following times:

Morning: 10:00 -12:30

Afternoon: 14:00 - 16:30

Evening: 19:00-21:30

Please specify your preferred session times for each day and your preferred activities. We will endeavour to meet your specifc requirements, however due to programming restrictions you may be required to slot in to one of the other session times in order for us to deliver your desired activities. Although we will do our very best to give you your selected activities these cannot be guaranteed. Greenhill reserves the right to make adjustments to the programming of activities. Many of our activities can be offered as a half session and therefore you can do two diferent activities within one activity session. Please refer to the activity descriptions to find out which activities can be ofered as a half session.

Group Ratios

In order to create a safe learning environment we keep group numbers to a maximum of 10 people for most of the activities. This includes any leaders (unless qualifed in the particular activity and certifcates are presented). Please contact us directly if this applies to you. By keeping groups to a maximum of 10 people we ensure that everyone gets the opportunity to participate fully and get the most out of the session.

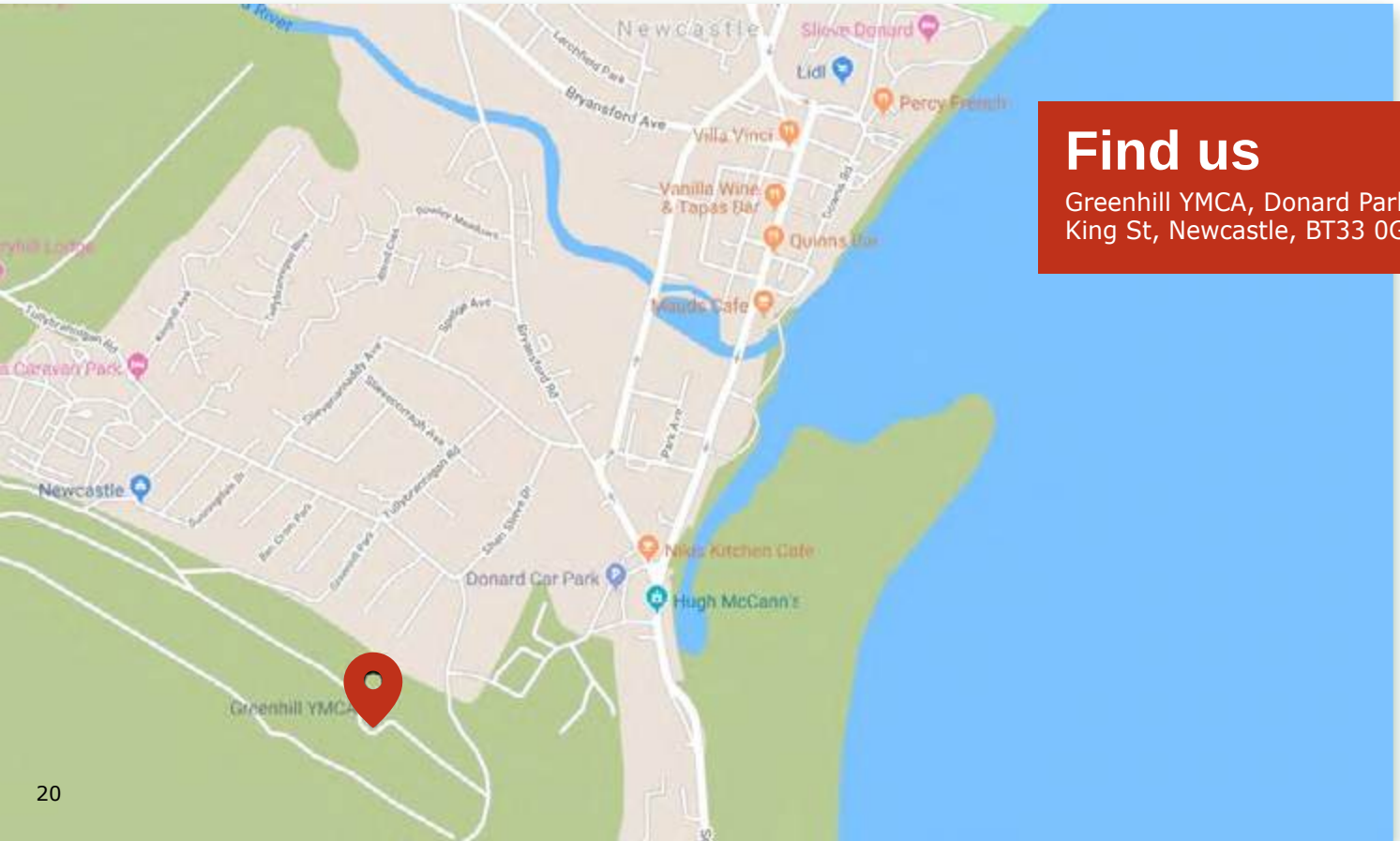
Weather dependent/External Factors

Activities cannot be guaranteed and they may have to be changed due to weather or other exceptional circumstances.

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Find us

Greenhill YMCA, Donard Park, King St, Newcastle, BT33 0GR



Come join us!